RNSG 1413: Foundations of Nursing Practice  
Course Syllabus

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Course Description: Introduction to the role of the professional nurse as provider of patient-centered care, patient safety advocate, member of health care team, and member of the profession. Content includes fundamental concepts of nursing practice, history of professional nursing, a systematic framework for decision-making and critical thinking. The mechanisms of disease and the needs and problems that can arise are discussed and how the nursing process helps manage the patient through these issues. Emphasis on knowledge, judgment, skills and professional values within a legal/ethical framework. Included laboratory experiences provide the opportunity to learn, practice, document and demonstrate basic nursing skills in a controlled environment. Demonstration of competence in selected nursing skills and computer-assisted instruction (CAI) is required for satisfactory completion of the course. Content includes applicable DECcompetencies. Prerequisite: Admission to the Associate Degree Nursing Program. Concurrent enrollment in RNSG 1360 (Clinical Foundations of Nursing Practice) and RNSG 1301 (Pharmacology), unless previously completed at Kilgore College, is required. Successful completion of both theory and clinical courses is required for progression. Lab included. Computer Software fee, Testing fee, Simulation Lab fee, Laboratory fee. (5138010014).

Course Credit: (4-3-3)

Prerequisites: Admission to the Associate Degree of Nursing Program. Concurrent enrollment in RNSG 1360 (Clinical – Foundations of Nursing Practice) and RNSG 1301 (Pharmacology), unless previously completed at Kilgore College, is required. Successful completion of both theory and clinical courses is required for progression. Lab included.

Course Rationale: An introduction to the nursing profession. A first level class in the nursing program. This course teaches the student to begin utilizing critical thinking skills in a systematic problem solving process as a framework for providing care for adults and families. Teaches the student to perform basic nursing skills and demonstrate competently those skills taught; and explains the roles of the professional nurse in caring for adult clients.

Educational Materials:  
Required Textbooks:  


*Nurse Practice Act*. Texas Occupations Code and Rules Regulating the Practice of Nursing (effective September 2013). Austin: Texas Board of Nursing.

RN Skills Kit 1.

You can choose between the following Medical Dictionaries if you don’t buy the e-books:

*Mosby’s Dictionary of Medicine, Nursing, & Health Professions*. (9th ed.). St. Louis: Mosby.


Recommended Textbooks:


Other educational resources include:

- Kilgore College Library
- Nursing Computer Labs, the Nursing Skills Lab, and the Simulation Lab located in the Health Science Center on the Kilgore College campus.
a. Average of:
   - Theory Exams (4 to 6)
   - Comprehensive Final Exam
   - Lab Quiz Average (this is the average of content and med terms quizzes)
   - HESI Exam
     * The score from only the 1st HESI exam will be averaged – the student will complete
       the required two practice HESI exams before the 1st HESI exam or 5 points will be
       deducted for each incomplete practice exam from the 1st HESI conversion score.
   - Participation grade – several grades (presentations, outside activity assignments)
     averaged
     together to make a “participation grade”, which will only be averaged to final grade if
     student is passing the course with above a 75%.

   *Theory Exams and the Lab Quiz Average will count 60% of your grade.*
   *The Final Exam and the 1st HESI conversion score will count 40% of your grade.*

b. Learning Lab (pass/fail)
   Participation in skills lab
   Various assignments: Adaptive Learning assignments/Case Studies/Course Learning
     Modules/SimCharting/other assignments
   Skills competencies: Satisfactory.

   Grade equivalencies:
   A = 90 – 100
   B = 80 – 89
   C = 75 – 79
   D = 60 – 74
   F = Below 60

   Students must successfully pass both theory and concurrent clinical courses and achieve a grade
   of “C” or better to pass each course. An unsatisfactory grade in either theory or clinical practice
   will result in failure of the course, and both theory and clinical courses must be repeated.

   Grade calculation:
   **A final grade of 75** or better is required to pass RNSG 1413. Final grade will be the only place
   any rounding will be done, according to the grading policy of the school of nursing. “Rounding of
   all test grades and averages will be to whole numbers by the mathematical rule:
   - when the first decimal place is greater than 5, the score will be rounded up
     to the next whole number (ex: 43.5 = 44).
   - when the first decimal place is less than 5, the score will not be rounded (ex: 43.3 = 43).
   - when the first decimal place is exactly 5, rounding will be up to the next whole number.

   Examinations:
• A blueprint of each test/quiz, identifying the topics to be covered, will be provided prior to each exam/quiz. Unless otherwise stated, the text will be considered as the authority.

• Testing will be computerized. You need to look at the “rationales” at this time.

• There will be 50 questions on major exams with 60-minute time limit. The final examination will be comprehensive, consisting of 100 questions and there will be a two (2) hour time limit.

• If a student is unable to be present for a major exam, it is the student’s responsibility to contact the instructor prior to the examination. A make-up exam will be given at a time determined by the instructor. The highest grade a student may make on a make-up exam is 75%.

• Students are expected to be on time for all testing; the classroom doors will be locked and no one will be admitted late. Therefore the student will need to schedule time for a makeup exam with the instructor and the maximum grade for the makeup exam will be 75%.

Posting of Grades:
Exams will be graded by the computer and posted on “elearning” within 48 hours. Students will not come to the instructor’s office to seek grades as this will slow the recording of grades. Faculty and staff are not permitted to give out information regarding student grades/scores over the telephone, or by e-mail.

Learning Lab:
The purpose of the Learning Lab is to integrate and reinforce theory with practice and to expand content by implementing a variety of learning activities employing critical thinking, analytical and logical reasoning necessary to deliver competent, safe, nursing care to clients and families.

• There will be six (6) to eight (8) hours of required skills practice time to be completed in the skills lab. This time must be completed by the due date designated at the beginning of the semester or student will not satisfactorily complete the required competencies for passing the course. The student will then not be permitted to continue in the class, lab or clinical.

Skills Checklist:

• The student is expected to pass various skills with a “satisfactory” within two attempts.

• Students cannot do any skill before they have successfully checked off in the clinical setting.

• If the student is unable to pass, he/she will make an appointment for practice time with the Clinical Lab Assistant before retesting. It is the responsibility of the student to make arrangements to remediate. Retesting will be done within the same week and skill must be completed before student can test on the next skill.

• If the student is unsuccessful on the second try, he/she will not be permitted to continue in the class, lab and clinical.

• The student is responsible for being prepared for all skills competency testing on the assigned day. The student must have available all supplies, equipment, skills competency check sheets and anything else that is assigned to demonstrate the assigned skill competency. If the student does not have the needed items to test the student will not be allowed to test and must reschedule testing, this will be considered the student’s first attempt at the skill and the student will be given only one more opportunity to pass the skill.
If a student is unable to be present for a skills competency testing, it is the student’s responsibility to contact the instructor prior to the testing. A make-up skills competency test will be given at a time determined by the instructor. This will be considered the student’s first attempt at the skill and the student will be given only one more opportunity to pass the skill.

The skill must be passed during that current week, before the student will be allowed to continue to the next skills competency testing. Failure to pass this skill will result in a failing grade in RNSG 1413 and RNSG 1360.

Testing of a particular skill must be completed before the student can proceed to the next skills competency testing.

Standardized Testing: The Associate Degree Nursing (ADN) Program has chosen to participate in a Total Testing Program. Students pay a testing fee each semester, and will take a standardized test at the completions of each course. Students will have two (2) attempts to pass the standardized test. Passing grade on the HESI Exam is 900.

Standardized exams will be given during the two weeks preceding final exams (as scheduling permits). The first test score (% that HESI correlates with your score) will be utilized as an exam grade for the course. If a student is unsuccessful (less than 900 score) on the standardized exam, the exam will be retaken after required remediation has been completed.

The HESI test for RNSG 1301 will be used as a diagnostic test. In all other required Nursing Program courses, the 1st HESI test will count as an exam grade. If this score is 900 or above the student is complete and may progress. If the 1st HESI score is below 900 the student will be required to re-take the HESI Course Exam after completing required remediation designated by the course Instructor. Students who make between 800 and 900 on the 2nd HESI Course Exam, will be enrolled in RNSG 1193 Special Topics in Nursing, during the next semester and allowed to take this course simultaneously with other nursing courses. If the 2nd HESI score is below 800 the student will receive a “D” in the course, be registered in, and required to complete the Remediation Course, RNSG 1293 Special Topics in Nursing, during the next semester while repeating the course and the associated clinical. If the student does not make 800 or higher on the HESI Course Exam with their two attempts, after repeating the course, then they will not be allowed back into the program.

*If the student is in RNSG 2331 or RNSG 2201 and fails the HESI Course Exam or the RN Exit Exam on the 1st attempt they must provide proof of completion of an approved NCLEX Review course before repeating the HESI Course Exam or the RN Exit Exam. A score of 800 or higher must be made on the 2nd HESI Course Exam or the 2nd RN Exit Exam, or RNSG 2331/2260 or RNSG 2201/2263 must be repeated. If a score between 800 and 900 is made on the 2nd HESI Course Exam or RN Exit Exam the student must complete an additional NCLEX Review Course prior to their Affidavit of Graduation being sent to the TBON.
Remediation Policy:
A student, who has failed a lecture exam with a score less than 70, is required to meet with their lecture instructor prior to the next exam. This student will be assigned to the Elsevier Adaptive Learning modules associated with their text book. The student will also be referred to a Nursing Department tutor and be required to meet at least once with them before the next exam. Any student failing to follow this required remediation will not be eligible for re-entry into the program in the event they fail a course.

Students who have failed a course must complete **RNSG 1293, Special Topics in Nursing**, prior to being eligible to re-enter the Nursing Program. At the 2nd course failure, students will be removed from the program and will have the option to re-apply for the nursing program, as a first level student, after five (5) years. After the 2nd failure, students may appeal to the Admission, Re-Admission and Progression Committee for re-instatement by appearing before the committee, in person, with a formal request. Acceptance is not guaranteed and may be conditional.

All students enrolled in RNSG 1293, for a course failure, will be required to complete 36 hours of the Weaver Reading Program in addition to other Remediation activities. All students enrolled in RNSG 1193 or 1293, for the first time due to a HESI score below 900, will be required to complete 36 hours of the Weaver Reading Program on their first taking of the course. Students will not be eligible for re-entry or continuation in the Nursing Program if the Weaver Reading Program is not complete in addition to the Remediation course requirements.

Accommodations:
It is the responsibility of the student and not the instructor to seek special accommodations when needed. If you need special accommodations for any reason, please contact the special populations’ counselor, fill out the necessary forms and bring them to your instructor at the beginning of the semester.

ADA Statement:
Kilgore College is committed to making reasonable accommodations to assist individuals with disabilities in reaching their academic potential. If you choose to request accommodations for a documented disability which may impact your performance, attendance, or grades in this course, you must first register with the Office of Disability Services. Please note that classroom accommodations cannot be provided prior to your instructor’s receipt of an accommodation letter from the Office of Disability Services. For more information about accommodations, please contact the Disability Services office on the second floor of the Devall Student Center: (903) 983-8206.

Academic Difficulties:
Kilgore College has an Adult Resource Center located in the Adult Education center. Peer tutoring may be available free of charge. They also provide resources for decreasing test anxiety and other academic difficulties. The ADN program has established a nursing tutorial program for students. Both self and faculty referrals can be made. The earlier you seek help, the less stress you will encounter and the better your prospects for being successful.

**Students should plan on studying at least three hours outside of class for every hour spent in class.**
Attendance Policy:
Kilgore College requires punctuality and regular class attendance. An absence is defined as a student not being in class. Students are expected to attend both class and clinical. If a student is unable to attend an assigned activity, they are required to call and report their absence as listed in each course syllabus. Absent students are responsible for all announcements, assignments, and course content. *Sleeping in class will be counted as class time missed or as absence from class.*

Lecture/Lab: See Kilgore College Catalog for the attendance policy that states that no more than 12.5% of the total hours of instruction in any term will be missed. Any lab time missed over 12.5% will require make-up activities as designated by the lab instructor. Any lecture time missed over 12.5% will automatically give reason for the student to be dropped from the course. If you have any questions about the policy, please ask your instructor or the director. The minimum number of lecture and clinical hours for each nursing course is mandated by WECM and NLN and must be attended.

*(You cannot miss any more than 6 hours of lecture. You cannot miss any more than 3 hours of lab).*

Make up Examinations:
If a student is unable to be present for a major exam, it is the student’s responsibility to contact the instructor prior to the examination. A make-up exam will be given at a time determined by the instructor. The highest grade a student may make on a make-up exam is 75%.

- Quizzes will be given at the beginning of lab and the doors will be locked. Any student who is absent or late to lab will not be allowed to make-up the missed quiz. *There will be no make-up quizzes.* A missed quiz grade will be documented as a 0.

Policy for Testing and Telephones:
- Students must turn their phones off and place them out on the indicated front desk or table during testing.
- If the phone is out on the indicated front desk, and not turned off and rings/vibrates, the first offense will be a verbal warning and the second offense will result in a contract.
- During ANY exam or HESI exam, if the phone rings on their person, it will be considered cheating. The student will be dismissed from the exam and the exam will closed at that time. The student will make a “0” on the exam.

Academic Integrity:
Students are expected to assume full responsibility for the content and integrity of all academic work submitted as homework and examinations. Students found guilty of violation of academic integrity may fail the course and/or be dismissed from the nursing program. The school of nursing reserves the right to dismiss students from the program for any serious infractions of a legal, moral, social or safety nature, pursuant to the procedures detailed in the Nursing Student Handbook.

Civility Policy
Per the Kilgore College 2012/2013 Catalog online (www.kilgore.edu), under Academic Policies, the college reserves the right to withdraw a student from one or more classes if, in the judgment of the college officials, such action is deemed to be in the interest of the student/and or the
college. Examples of some reasons for administrative withdrawal are failure to provide accurate information, excessive absences or unacceptable student behavior.

**The Civility Statement** of the 2013/2014 Kilgore College catalog states: that students are expected to assist in maintaining a classroom environment that is conducive to learning. Inappropriate or disruptive classroom behavior is prohibited in order to assure that everyone has the opportunity to gain from time spent in class. Should a disruptive classroom incident occur the faculty member, in charge, may remove the student on either a temporary or permanent basis.

**If the Kilgore College Nursing Program receives complaints against your conduct, you may be withdrawn from the nursing program.**

Unprofessional conduct/unacceptable student behavior in this circumstance indicates:

1. Threatening instructors, hospital staff, patients or other students.
2. Slanderous accusations against faculty, Kilgore College, hospital staff or other students.
3. Disruption of the classroom or clinical environment. (This includes use of electronic devices during class or clinical such as texting, iPods, cell phone, computer for other than specified class activities, etc.).
4. Being disrespectful to instructors, hospital staff, patients or other students (i.e. tone of voice, rolling eyes, body language, arguing with instructor).
5. Speaking while faculty or other students are speaking.
6. Demanding to discuss personal academic issues in a public forum.
7. Spreading of unfounded rumors

**Sexual Harassment Policy Statement**
Please refer to the Kilgore College Associate Degree Nursing Program Student Handbook, 2013/2014.

**Alcohol/Intoxicating Substances Policy**
Please refer to the Kilgore College Associate Degree Nursing Program Student Handbook, 2013/2014.

**Policy for Social Networking Sites**
Students in the ADN Program at Kilgore College are expected to adhere to the high standards of the Nursing profession with regard to maintaining confidentiality. This not only includes guarding patient confidentiality at a clinical site, but, also, in the classroom, at home and on-line.

The following guidelines for behavior involved with cell phone use, FACEBOOK, Twitter, MySpace and any other social networking site.

**Guidelines:**
- It is the students’ responsibility to keep their site appropriate and profiles clean.
- Do not post threats or derogatory remarks about anyone associated with the ADN Program. This includes fellow students, faculty, staff, college administration, clinical affiliates, and, above all, patients. This is a violation of the Kilgore College Board policy and will be reported to the police and disciplinary action, such as dismissal, is likely.
- Posting photos of other students, faculty, staff, etc. without their permission is forbidden.
- Taking photos of patients or clients, their body parts, or body fluids or exudates, is strictly forbidden.
- Cell phone use at the clinical site is strictly forbidden. If cell phones are discovered they will be confiscated for the remainder of the class or clinical day.

**Student Contract Policy**
- Students may be placed on contract in any class, lab, or clinical setting.
- A student’s final grade, in a course, will be lowered by a letter grade for each contract issued.
- Students who receive a second contract in a semester will be expelled from the program at that time.
- Students who receive a third contract will be expelled from the program at that time.
- Students may apply for readmission to the program. The student will be required to appear before the Admission/Readmission/Progression Committee.
- Readmission will be reviewed on an individual basis.

**Student Professional Code of Dress and Hygiene**
Please refer to the Kilgore College Associate Degree Nursing Program Student Handbook, 2014/2015.
- Please remember that as a student representing the KC A.D.N. program, you should be professionally attired in either the khaki pants and official polo shirt or uniform when the student is on campus as a nursing student in lecture and lab. Student Nurse Association T-shirts will be allowed with khaki pants on lecture days only.

Whenever you are in “uniform”, you need to adhere to the Dress Code Policy whether on campus or clinical.

**Kilgore Picture ID’s must be worn at all times when on campus and in the clinical facility.**

**Appearance in Lab or Skills Check-offs (or any other time you are on campus)**
Khaki pants and the KCADN polo shirt, with the KC ADN patch, and all white shoes (no clogs or open toed shoes allowed), will be the official non-clinical hospital uniform. White shirts (short sleeve, long sleeve or turtleneck) may be worn under the polo shirt. White shirt tails should not hang below the polo shirt. **Sweaters or jackets may be worn for warmth on campus.**
The KC ADN uniform is royal blue top, royal blue skirt or slacks, and all white shoes (no clogs or open toed shoes allowed). The KC ADN patch is placed on the upper left chest above the students’ nametag. A waist length royal blue scrub jacket with the KC ADN patch on the upper left chest above the nametag may be worn for warmth. Or a white shirt (short sleeve, long sleeve, or turtleneck) may be worn under the uniform top. **Sweaters or jackets may be worn for warmth on campus.**

Please remember that as a student you are representing the KC ADN program.

**Appearance in Lecture**
- Student may wear the royal blue uniform or the polo shirt and khaki pants, following all dress code policies in the student handbook.

- Student Nurse Association T-shirts with khaki pants or khaki capris with white shoes.

- **Sweaters or jackets may be worn for warmth on campus.**

Please remember that as a student you are representing the KC ADN program.

**Good Professional Character Policy**  
(Excerpt, Texas Board of Nursing)

Good professional character is the integrated pattern of personal, academic and occupational behaviors, which, in the judgment of the faculty, indicates that an individual is able to consistently conform his/her conduct to the requirements of the Nurse Practice Act, and generally accepted standards of nursing practice including, but not limited to, behaviors indicating: honesty, accountability, trustworthiness, reliability, and integrity. A person who seeks to obtain or retain a license to practice professional nursing shall provide evidence of good professional character which, in the judgment of the Texas Board of Nursing (TBON) is sufficient to insure that the individual can consistently act in the best interest of patient/patients and the public in any practice setting.

Such evidence shall establish that the person:

1. is able to distinguish right from wrong;
2. is able to think and act rationally;
3. is able to keep promises and honor obligations;
4. is accountable for his/her own behavior;
5. is able to practice nursing in an autonomous role with patients, their families and other significant others, and members of the public who are or who may become physically, emotionally, or financially vulnerable;
6. is able to recognize and honor the interpersonal boundaries appropriate to any therapeutic relationship or health care setting; and,
7. is able to promptly and fully self-disclose facts, circumstances, events, errors and omissions when such disclosure could enhance the health status of patients or the public or could protect patients or the public from unnecessary risk or harm.

**Disciplinary Sanctions for Lying and Falsification**  
(Excerpt, Texas Board of Nursing)

The Texas Board of Nursing, in keeping with its mission to protect the public health, safety, and welfare, believes it is imperative to take a strong position regarding the licensure of individuals who have engaged in deception in the provision of health care. This deception includes falsifying documents related to patient care, falsifying documents related to employment, and falsifying documents related to licensure. The Board is also concerned about persons who have been convicted of a crime involving deception to the extent that such conduct may affect the ability to safely care for patients.

The Board’s position applies to all nurse license holders and applicants for licensure.

The Board adopts the following assumptions as the basis for its position:

1. Patients under the care of a nurse are vulnerable by virtue of illness or injury, and the
dependent nature of the nurse-patient relationship.

5. Honesty, accuracy and integrity are personal traits valued by the nursing profession, and considered imperative for the provision of safe and effective nursing care (rule 213.27).

7. Falsification of documents regarding patient care, incomplete or inaccurate documentation of patient care, failure to provide the care documented, or other acts of deception raise serious concerns whether the nurse will continue such behavior and jeopardize the effectiveness of patient care in the future.

Lying/Falsification to an Employer, Nursing Education Program, or other Nursing Training Program
(Excerpt from the Texas Board of Nursing)

... A student nurse who falsifies patient records or engages in other dishonesty in patient care gives the Board reason to suspect that he or she will continue the same dishonest acts after licensure. If the Board is made aware of acts committed as a student, an investigation will be conducted once the student makes application for licensure. The Board will consider the same factors as described above for lying and falsification within the practice of nursing.

Scholastic/Clinical Dishonesty:
Since the value of an academic degree depends on the absolute integrity of the work done by the student for the degree, it is imperative that the student maintains a high standard of individual honor in his or her scholastic/clinical work. **Any student who commits an act of scholastic/clinical dishonesty is subject to discipline.** Scholastic/clinical dishonesty includes but is not limited to cheating, plagiarism, collusion, falsifying academic records, falsifying patient records, the submission for credit of any work or materials that are attributable in whole or in part to another person, taking an examination for another person, any act designed to give unfair advantage to a student or the attempt to commit such act.

“Cheating” includes, but is not limited to:
1. copying from a test paper or assignment of another student;
2. possession during a test of materials or objects which are not authorized by the person giving the test,
   such as class notes or “crib notes.” The presence of textbooks and notes constitutes a violation if they have been specifically prohibited by the person administering the test;
3. using, buying, stealing, transporting, or soliciting in whole or part the contents of an un-administered test, test key, homework solution, or computer program;
4. collaborating with or seeking aid from another student during a test or other assignment without authority;
5. discussing the contents of an examination with another student who will take the examination;
6. substituting for another person, or permitting another person to substitute for one’s self, to take a test;
7. paying or offering money or any other valuable to obtain, or coercing another person to obtain an un-
administered test, test key, homework solution, or computer program, or information about an un-
administered test, test key, homework solution, or computer program;
8. falsifying research data, laboratory reports, clinical data, and/or other academic work offered for
   credit;

“Plagiarism” includes, but is not limited to, the appropriation, buying, receiving as a gift, or
obtaining by any means another’s work and the submission of it as one’s own academic work offered for credit.

“Collusion” includes, but is not limited to, the unauthorized collaboration with another person in preparing academic assignments offered for credit or collaboration with another person to commit
a violation of any section of the rules on scholastic/clinical dishonesty.

“Falsifying academic/clinical records” includes, but is not limited to, the altering of grades or other falsification of academic/clinical records.

Regulation Awareness:
It is the responsibility of the student to become familiar with the regulations of Kilgore College
and to satisfy them in the proper way.

The Kilgore College ADN faculty members support the above excerpt from the TBON Rules & Regulations relating to Professional Nurse Education. Failure to demonstrate competency in the above criteria can result in a rating of “unsafe clinical performance and not meeting professional conduct standards”, as defined in the syllabus of each clinical nursing course.

Drop Date:
The Drop Procedure per KC Catalog will be announced the first day of class.

DISCLAIMER:
Your instructor reserves the right to make modifications in content and schedule as necessary to promote the best education possible within prevailing conditions affecting this course.

Course Outline

Test will include reading assignments, power point presentation, videos, skill learned in skills lab, and critical thinking exercises. (Exams will cover content learned in lecture, lab, clinical and critical decision making class)

Unit 2: “Legal Implications in Nursing Practice”, “Activity and Exercise”,
“Mobility and Immobility”, “The Health Care Delivery System”, “Community-Based Nursing Practice”, “Vital Signs”, Health and Physical Assessment:

Test will include reading assignments, power point presentation, videos, skill learned in skills lab, and critical thinking exercises. (Exams will cover content learned in lecture, lab, clinical and critical decision making class)

**Unit 3:** “Culture and Ethnicity”, “Client Safety”, “Pain Management”, “Young to Middle Adult”, Older Adult”, “Nursing Process - Nursing Diagnosis”, “Sensory Alterations”, “Developmental Theories”, Health and Physical Assessment: Neurological

Test will include reading assignments, power point presentation, videos, skill learned in skills lab, and critical thinking exercises. (Exams will cover content learned in lecture, lab, clinical and critical decision making class)

**Unit 4:** “Self-Concept”, “Client Education”, “Caring in Nursing Practice”, “Nursing Process - Planning Nursing Care”, “Caring for Families”, “Oxygenation”, “Health and Wellness”, Health and Physical Assessment: Respiratory/Cardiovascular

Test will include reading assignments, power point presentation, videos, skill learned in skills lab, and critical thinking exercises. (Exams will cover content learned in lecture, lab, clinical and critical decision making class)

**Unit 5:** “Bowel Elimination”, “Fluid, Electrolyte, and Acid-Base Balance”, “Managing Client Care”, “Care of Surgical Clients”, “Complementary and Alternative Therapies”, “Nursing Process - Implementing Nursing Care”, “Nursing Process - Evaluation”

Test will include reading assignments, power point presentation, videos, skill learned in skills lab, and critical thinking exercises. (Exams will cover content learned in lecture, lab, clinical and critical decision making class)

**Unit 6:** “Urinary Elimination”, “Spiritual Health”, “the Experience of Loss, Death, and Grief”, “Sleep”, “Theoretical Foundations of Nursing Practice”, “Evidence-Based Practice”, “Stress and Coping”, Sterile Technique, Urinary Elimination, Skin Integrity and Wound Care

Test will include reading assignments, power point presentation, videos, skill learned in skills lab, and critical thinking exercises. (Exams will cover content learned in lecture, lab, clinical and critical decision making class)
STUDENT LEARNING OUTCOMES:

1. According to the Texas Board of Nursing Differentiated Essential Competencies for Associate Degree Nursing (DECs) – the student will upon successful completion of this course be able to:

I. Member of the Profession:
A. Function within the nurse’s legal scope of practice and in accordance with the policies and procedures of the employing health care institution or practice setting.
   Activities: text readings, class lecture, and discussion.
   Assessment: exams – multiple choice, written assignments.
   *(SCANS: 1, 2, 4, 5, 6, 7, 8) (PLO: 1-6) (IOM: 2-6)*

B. Assume responsibility and accountability for the quality of nursing care provided to patients and their families.
   Activities: text readings, class lecture, and discussion; skills lab.
   Assessment: exams – multiple choice, written assignments; skills lab competencies.
   *(SCANS: 1-8) (PLO: 1-6) (IOM: 1-5)*

C. Participate in activities that promote the development and practice of professional nursing.
   Activities: text readings, class lecture, and discussion; student nurses association.
   Assessment: exams – multiple choice, written assignments.
   *(SCANS: 1-8) (PLO: 1-6) (IOM: 1-5)*

D. Demonstrate responsibility for continued competence in nursing practice, and develop insight through reflection, self-analysis, self-care and lifelong learning.
   Activities: text readings, class lecture, and discussion; skills lab.
   Assessment: exams – multiple choice, written assignments; skills lab competencies.

II. Provider of Patient Centered Care:
A. Use clinical reasoning and knowledge based on the associate degree nursing program of study and evidence-based practice outcomes as a basis for decision making in nursing practice.
   Activities: text readings, class lecture and critical decision making class, and discussion; skills lab.
   Assessment: exams – multiple choice, written assignments; skills lab competencies.

B. Determine the physical and mental health status, needs and preferences of culturally, ethnically and socially divers patients and their families based upon interpretation of comprehensive health assessment findings compared with evidence-based health data derived from the associate degree nursing program of study.
   Activities: text readings, class lecture, and discussion; skills lab.
   Assessment: exams – multiple choice, written assignments; skills lab competencies.
   *(SCANS: 1, 4-7) (PLO: 1-6) (IOM: 1-6)*

C. Analyze assessment data to identify problems, formulate goals/outcomes and develop plans of care for patients and their families using information from evidence-based practice in collaboration with patients, their families and the interdisciplinary health care team.
   Activities: text readings, class lecture, and discussion; skills lab.
   Assessment: exams – multiple choice, written assignments; skills lab competencies.
   *(SCANS: 1-2, 4-7) (PLO: 1-6) (IOM: 1-6)*
III. Patient Safety Advocate:
A. Demonstrate knowledge of the Texas Nursing Practice Act and the Texas Board of Nursing Rules that emphasize safety, as well as all federal, state, and local government and accreditation organization safety requirements and standards.
Activities: text readings, class lecture and critical decision making class, and discussion.
Assessment: exams – multiple choice, written assignments.
E. Comply with mandatory reporting requirements of the Texas Nursing Practice Act.
Activities: text readings, class lecture, and discussion; skills lab.
Assessment: exams – multiple choice, written assignments; skills lab competencies.

IV. Member of the Health Care Team
B. Serve as a health care advocate in monitoring and promoting quality and access to health care for patients and their families.
Activities: text readings, class lecture, and discussion; skills lab.
Assessment: exams – multiple choice, written assignments; skills lab competencies.
C. Refer patients and their families to resources that facilitate continuity of care; health promotion, maintenance, and restoration; and ensure confidentiality.
Activities: text readings, class lecture, and discussion; skills lab.
Assessment: exams – multiple choice, written assignments; skills lab competencies.
E. Communicate and manage information using technology to support decision making to improve patient care.
Activities: text readings, class lecture and critical decision making class, and discussion.
Assessment: exams – multiple choice, written assignments, computer assignments.

2. According to the Workforce Education Course Manual (WECM) – the student will upon successful completion of this course be able to:
A. Describe the roles of the nurse in the delivery of health care
Activities: text readings, class lecture, and discussion.
Assessment: exams – multiple choice, written assignments.
B. Demonstrate performance of basic nursing skills.
Activities: text readings, class lecture, and discussion; skills lab.
Assessment: exams – multiple choice, written assignments; skills lab competencies.
C. Apply basic systematic problem-solving using critical thinking.
Activities: text readings, class lecture and critical decision making class, and discussion; skills lab.
Assessment: exams – multiple choice, written assignments; skills lab competencies.
3. General Student Learning Outcomes – the student will upon successful completion of this course be able to:
A. Apply basic nursing knowledge, concepts and theory involved in evidence based nursing practice for: patient safety, infection prevention and control, hygiene, activity and exercise, nutrition, oxygenation, fluid, electrolyte, and acid-base balance, pain management, bowel and urinary elimination, mobility and immobility, skin integrity and wound care, sensory alterations.
Activities: text readings, class lecture, and discussion; skills lab.
Assessment: exams – multiple choice, written assignments; skills lab competencies.

SCANS MATRIX LEGEND (Competency References)
1 – Reading
2 - Writing
3 - Arithmetic or Mathematics
4 – Speaking and Listening
5 – Thinking Skills
6 – Personal Qualities
7 – Workplace Competencies
8 – Basic Use of Computers

PLO- Program Learning Outcomes in the Kilgore College Associate Degree Nursing Program Student Handbook.
1. Provide a safe and effective care environment for their patients, through appropriate management of patient care and promotion of safety and infection control.
2. Provide for patient’s psychosocial integrity.
3. Provide for patient’s physiological integrity through basic care and comfort, pharmacological and parenteral therapies, reduction of risk potential and physiological adaptation.
4. Provide for patient health promotion and maintenance.
5. Provide care for patients utilizing the nursing process, including assessment, analysis, planning, implementation and evaluation.
6. Provide patient care utilizing critical thinking to prioritize, set goals, apply knowledge with inferential and interpretive reasoning and predict or evaluate outcomes.

IOM – Institute of Medicine Core Competencies
1. Patient Centered Care
2. Teamwork and Collaboration
3. Evidence-based Practice
4. Quality Improvement
5. Safety
6. Informatics

Class room Schedule: The class/exam schedule will be available on the website and handed out the first day of class.

Schedule of class (lecture):
Unit 1:
Lesson 1: “Nursing Today”, “Ethics and Values”

Unit 2:
Lesson 2: “Legal Implications in Nursing Practice”, “Activity and Exercise”, “The Health Care Delivery System”, “Community-Based Nursing Practice”
Lesson 3: “Culture and Ethnicity”, “Caring in Nursing Practice”, “Patient Safety”

Unit 3:
Lesson 4: “Young to Middle Adult”, Older Adult”, “Sensory Alterations”, “Developmental Theories”
Lesson 5: “Self-Concept”, “Patient Education”

Unit 4:
Lesson 6: “Caring for Families”, “Oxygenation”
Lesson 7: “Bowel Elimination”, “Health and Wellness”

Unit 5:
Lesson 8: “Fluid, Electrolyte and Acid-Base Balance”, “Managing Patient Care”
Lesson 9: “Care of Surgical Patients”, “Complementary and Alternative Therapies”

Unit 6:
Lesson 10: “Urinary Elimination”, “Spiritual Health”
Lesson 11: “The Experience of Loss Death, and Grief”, “Sleep”
Lesson 12: “Theoretical Foundations of Nursing Practice”, “Stress and Coping”

Schedule of class (lab):

Unit 1:
Lesson 1: Infection Prevention and Control
  • Medical Asepsis

Unit 2:
Lesson 2: Health and Physical Assessment: Musculoskeletal
  • Mobility and Immobility
Lesson 3: Communication, Documentation and Informatics
Lesson 4: Health and Physical Assessment: Musculoskeletal
  • Safe patient handling, patient transfer and positioning

Unit 3:
Lesson 5: Health and Physical Assessment: Neurological
  • Mental status, cranial nerves
Lesson 6: Health and Physical Assessment: Respiratory and Skin/Hair/Nails
  • Oxygen therapy, Airway management

**Unit 4:**
Lesson 7: Health and Physical Assessment: Cardiovascular
  • Vital signs, Heart/Neck/Peripheral Vascular
Lesson 8: Health and Physical Assessment: Abdomen (GI/GU)

**Unit 5:**
Lesson 9: Specimen collection, Diagnostic procedures; review of Health and Physical Assessment
  • Integration of the Complete Physical Examination
Lesson 10: Infection Prevention and Control
  • Sterile Technique

**Unit 6:**
Lesson 11: Urinary Elimination
  • Foley catheterization
Lesson 12: Skin Integrity and Wound Care
Lesson 13: Evidence-Based Practice