RNSG 1413: Foundations of Nursing Practice
Course Syllabus

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Course Description: Introduction to role of the professional nurse as provider of care, coordinator of care, and member of the profession. Topics include but are not limited to the fundamental concepts of nursing practice, history of professional nursing, a systematic framework for decision-making, mechanisms of disease, the needs and problems that nurses help patients manage, and basic psychomotor skills. Emphasis on knowledge, judgment, skills and professional values within a legal/ethical framework. This course lends itself to a blocked approach. Included laboratory experiences provide the opportunity to learn, practice, document and demonstrate basic nursing skills in a controlled environment. Demonstration of competence in selected nursing skills and computer-assisted instruction (CAI) is required for satisfactory completion of the course. Content includes applicable DELC competencies.

Course Credit: (4-3-3)

Prerequisites: Admission to the Associate Degree of Nursing Program. Concurrent enrollment in RNSG 1360 (Clinical – Foundations of Nursing Practice) and RNSG 1301 (Pharmacology), unless previously completed at Kilgore College, is required. Successful completion of both theory and clinical courses is required for progression. Lab included.

Course Rationale: An introduction to the nursing profession. A first level class in the nursing program. This course teaches the student to begin utilizing critical thinking skills in a systematic problem solving process as a framework for providing care for adults and families. Teaches the student to perform basic nursing skills and demonstrate competently those skills taught; and explains the roles of the professional nurse in caring for adult clients.

Required Educational Materials: (may be purchased at the college bookstore; Mosby/Saunders books are sold in a “bundle”)


RN Skills Kit 1.


**Recommended Textbooks:**
*Mosby’s Nursing Video Skills DVD* St. Louis: Mosby.

**Other educational resources include:**
- Kilgore College Library
- Nursing Computer Labs, the Nursing Skills Lab, and the Simulation Lab located in the Applied Technology and Technical Vocational Buildings on the Kilgore College campus.

**Evaluation:** The grading system in RNSG 1413 is composed of theory exams, HESI exam, lab quizzes, and comprehensive final exam. Students must also achieve successful completion (pass/fail) of the Lab portion of this course.

a. Average of:
   - Theory Exams (6) 60%
   - Comprehensive Final Exam 10%
   - Lab Quiz (content quiz average) 10%
   - Lab Quiz (medical terminology quiz average) 10%
   - HESI Exam* 10%
   * The score from only the 1st HESI exam will be averaged 100%

b. Learning Lab (pass/fail)
   - Participation in skills lab
   - Various NCLEX 4000/Case Studies/Medspub assignments
   - Skills competencies: Satisfactory.
Grade equivalencies:
A = 90 – 100
B = 80 – 89
C = 75 – 79
D = 60 – 74
F = Below 60

Students must successfully pass both theory and concurrent clinical courses and achieve a grade of “C” or better to pass each course. An unsatisfactory grade in either theory or clinical practice will result in failure of the course, and both theory and clinical courses must be repeated.

Grade calculation:
A final grade of 75 or better is required to pass RNSG 1413. Final grade will be the only place any rounding will be done, according to the grading policy of the school of nursing. “Rounding of all test grades and averages will be to whole numbers by the mathematical rule:
• when the first decimal place is greater than 5, the score will be rounded up to the next whole number (ex: 43.5 = 46).
• when the first decimal place is less than 5, the score will not be rounded (ex: 43.3 = 43).
• when the first decimal place is exactly 5, rounding will be up to the next whole number.

Examinations:
• A blueprint of each test, identifying the topics to be covered, will be provided prior to each exam. Unless otherwise stated, the text will be considered as the authority.
• Students must use ParSCORE scantron Form No. F-1712 (Full page, pink form) for all major exams. The student’s assigned three digit test number must be on the scantron, plus the appropriate spaces darkened. In addition each test booklet number plus clinical instructor name must be placed in the upper right corner of the scantron. If the scantron is not filled out appropriately and if any of the above is not done, 5 points may be subtracted from the exam grade.
• There will be 50 questions on major exams with 60-minute time limit. The final examination will be comprehensive, consisting of 100 multiple choice items and there will be a two (2) hour time limit.
• If a student is unable to be present for a major exam, it is the student’s responsibility to contact the instructor prior to the examination. A make-up exam will be given at a time determined by the instructor. The highest grade a student may make on a make-up exam is 75%.
• Students are expected to be on time for all testing; the classroom doors will be locked and no one will be admitted late. Therefore the student will need to schedule time for a makeup exam with the instructor and the maximum grade for the makeup exam will be 75%.

Posting of Grades:
Exams will be graded by the computer and posted on “elearning” within 48 hours. Students will not come to the instructor’s office to seek grades as this will slow the recording of grades. Faculty and staff are not permitted to give out information regarding student grades/scores over the telephone, or by e-mail.
**Classroom Policies:**

**Attendance Policy:**
Kilgore College requires punctuality and regular class attendance. An absence is defined as a student not being in class.

**Lecture/Lab:** See Kilgore College Catalog for the attendance policy that states that no more than 12.5% of the total hours of instruction in any term will be missed. Any lecture/lab time missed over 12.5% will require make-up activities as designated by the lecture instructor. The minimum number of lecture and clinical hours for each nursing course is mandated by WECM and NLN and must be attended.

**Make up Examinations:**
- If a student is unable to be present for a major exam, it is the student’s responsibility to contact the instructor prior to the examination. A make-up exam will be given at a time determined by the instructor. The highest grade a student may make on a make-up exam is 75%.
- Students are expected to be on time for all testing; the classroom doors will be locked and no one will be admitted late. Therefore the student will need to schedule time for a makeup exam with the instructor and the maximum grade for the makeup exam will be 75%.

**Make up Lab Quizzes:**
- Quizzes will be given at the beginning of lab and the doors will be locked. Any student who is absent or late to lab will not be allowed to make-up the missed quiz. There will be no make-up quizzes. A missed quiz grade will be documented as a 0.

**Learning Lab:**
The purpose of the Learning Lab is to integrate and reinforce theory with practice and to expand content by implementing a variety of learning activities employing critical thinking, analytical and logical reasoning necessary to deliver competent, safe, nursing care to clients and families.

**Skills Checklist:**
- The student is expected to pass various skills with a “satisfactory” within two attempts.
- Students cannot do any skill before they have successfully checked off in the clinical setting.
- If the student is unable to pass, he/she will be allowed practice time with the Clinical Lab Assistant before retesting. It is the responsibility of the student to make arrangements to remediate. Retesting will be done within the same week and skill must be completed before student can test on next skill.
- If the student is unsuccessful on the second try, he/she will not be permitted to continue in the class, lab and clinical.
- The student is responsible for being prepared for all skills competency testing on the assigned day. The student must have available all supplies, equipment, skills competency check sheets and anything else that is assigned to demonstrate the assigned skill competency. If the student does not have the needed items to test the student will not be allowed to test and must reschedule testing, this will be considered the student’s first attempt at the skill and the student will be given only one more opportunity to pass the skill.
• If a student is unable to be present for a skills competency testing, it is the student’s responsibility to contact the instructor prior to the testing. A make-up skills competency test will be given at a time determined by the instructor. This will be considered the student’s first attempt at the skill and the student will be given only one more opportunity to pass the skill.

• The skill must be passed during that current week, before the student will be allowed to continue to the next skills competency testing. Failure to pass this skill will result in a failing grade in RNSG 1413 and RNSG 1360.

• Testing of a particular skill must be completed before the student can proceed to the next skills competency testing.

Standardized Testing:
The A.D.N. program has chosen to participate in a Total Testing Program. Students pay a testing fee each semester, and will take a standardized test at the completion of each course. Students will have two (2) attempts to pass the standardized test. Passing grade on the HESI Exam is 850.

Standardized exams will be given during the two weeks preceding final exams (as scheduling permits). The first test score (% that HESI correlates with your score) will be utilized as an exam grade for the course. If a student is unsuccessful (850 score) on the standardized exam, the exam will be retaken after required remediation has been completed.

The HESI test for RNSG 1301, 1413, 1341, 2213, 1343, 1251 and 2201 will be used as a diagnostic test. The 1st HESI test will count as an exam grade. If this score is 850 or above the student is complete. If the 1st HESI score is below 850 the student will be required to re-take the HESI test after remediation. If the 2nd HESI score is still below 850 the student will be registered in, and required to complete, RNSG 1193 Special Topics in Nursing, during the next eight (8) week course. Failure to complete the remediation course, with a 75 average, will count as a failure in the nursing program.

*If the student is in RNSG 2331 and fails the RN Exit Exam on the 1st or 2nd attempt, they must complete an approved NCLEX Review course before repeating the RN Exit exam. If unsuccessful a third time, they must complete an additional NCLEX Review Course prior to their Affidavit of Graduation being sent to the TBON.

Remediation Policy:
Students who have failed a course must complete RNSG 1293, Special Topics in Nursing, prior to being eligible to re-enter the ADN program and retake the failed course.

Students will be allowed to fail two (2) courses, remediate for these two (2) courses and re-enter the nursing program in order to repeat the remediated course. (This does not apply to failures of both Foundations & Pharmacology in the same semester.) At the third (3rd) course failure students will be removed from the program and will have the option to re-apply for the nursing program as a first level student after five (5) years. Acceptance is not guaranteed.
Accommodations:
It is the responsibility of the student and not the instructor to seek special accommodations when needed. If you need special accommodations for any reason, please contact the special populations' counselor, fill out the necessary forms and bring them to your instructor at the beginning of the semester.

Academic Difficulties:
Kilgore College has an Adult Resource Center located in the Adult Education center. Peer tutoring may be available free of charge. They also provide resources for decreasing test anxiety and other academic difficulties. The ADN program has established a nursing tutorial program for students. Both self and faculty referrals can be made. The earlier you seek help, the less stress you will encounter and the better your prospects for being successful.

Academic Integrity:
Students are expected to assume full responsibility for the content and integrity of all academic work submitted as homework and examinations. Students found guilty of violation of academic integrity may fail the course and/or be dismissed from the nursing program. The school of nursing reserves the right to dismiss students from the program for any serious infractions of a legal, moral, social or safety nature, pursuant to the procedures detailed in the Nursing Student Handbook.

Regulation Awareness:
It is the responsibility of the student to become familiar with the regulations of Kilgore College and to satisfy them in the proper way.

The Kilgore College ADN faculty members support the above excerpt from the TBON Rules & Regulations relating to Professional Nurse Education. Failure to demonstrate competency in the above criteria can result in a rating of “unsafe clinical performance and not meeting professional conduct standards”, as defined in the syllabus of each clinical nursing course.

Drop Date:
The Drop Procedure per KC Catalog will be announced the first day of class. It is your responsibility to drop a course or withdraw from the college; failure to do so will result in receiving a performance grade, usually a grade of “F”. The last day to drop/with a grade of “W” is when approximately 75% of the course is over. The exact date will be on the syllabus you receive for that specific semester.

DISCLAIMER:
Your instructor reserves the right to make modifications in content and schedule as necessary to promote the best education possible within prevailing conditions affecting this course.
Course Outline


Test will include reading assignments, power point presentation, videos, skill learned in skills lab, and critical thinking exercises. (Exams will cover content learned in lecture, lab, clinical and critical decision making class)


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Unit 6: “Urinary Elimination”, “Spiritual Health”, “the Experience of Loss, Death, and Grief”, “Sleep”, “Theoretical Foundations of Nursing Practice”, “Evidence-Based Practice”, “Stress and Coping”, Sterile Technique, Urinary Elimination, Skin Integrity and Wound Care

Test will include reading assignments, power point presentation, videos, skill learned in skills lab, and critical thinking exercises. (Exams will cover content learned in lecture, lab, clinical and critical decision making class)

Course Outcomes:

I. Student Learning Outcomes:
   A. Students will describe the roles of the professional nurse in a variety of structured health care setting:
      Activities: text readings, class lecture, and discussion.
      Assessment: exams - multiple choice, written assignments, lab quizzes.
      
      (SCANS 1, 2, 4, 5, 6, 7) (PLO 6)
   B. Students will discuss the legal and ethical parameters of professional nursing practice including the Nurse Practice Act.
      Activities: text readings, class lecture, and discussion.
      Assessment: exams – multiple choice, lab quizzes.
      
      (SCANS 1, 2, 4, 5, 6, 7) (PLO 6)
   C. Students will identify health promotion needs for diverse adult clients.
      Activities: text readings, class lecture, discussion, virtual excursions and skills lab.
      Assessment: exams - multiple choice, written assignments, and demonstration of skills.
      
      (SCANS 1, 2, 4, 5, 6, 7, 8) (PLO 2, 3, 4, 5, 6)
   D. Students will identify principles and develop skills for safe basic nursing care.
      Activities: text readings, class lecture, discussion, virtual excursions and skills lab. Assessment: exams - multiple choice, written assignments, lab quizzes and demonstration of skills.
      
      (SCANS 1, 2, 3, 4, 5, 6, 7, 8) (PLO 1, 2, 3, 4, 5, 6)
E. Students will function safely and with developing efficiency in the arena of technical skills specific to the implementation of the nursing care for the adult client and their family, employing scientific principles and aseptic techniques.

(SCANS 7) (PLO 1, 4, 6)

F. Students will demonstrate competence in the performance of basic nursing skills.
Activities: skills lab and virtual excursions.
Assessment: demonstration of skills.

(SCANS 1, 2, 3, 4, 5, 6, 7, 8) (PLO 1, 2, 3, 4, 5, 6)

G. Students will begin to use critical thinking in a systematic problem solving process.
Activities: text readings, class lecture, virtual excursion and skills lab.
Assessment: exams – multiple choice, case studies, lab quizzes, written assignments and demonstration of skills.

(SCANS 1, 2, 3, 4, 5, 6, 7, 8) (PLO 1, 2, 3, 4, 5, 6)

H. Students will utilize the systematic problem-solving process to develop a comprehensive plan of care for an adult client with basic health care needs.
Activities: text readings, class lecture, discussion, and skills lab.
Assessment: exams - multiple choice, written assignments, and demonstration of skills.

(SCANS 1, 2, 4, 5, 6, 7, 8) (PLO 1, 2, 3, 4, 5, 6)

I. Students will identify purposeful and therapeutic communication techniques.
Activities: text readings, class lecture, discussion, and skills lab. Assessment: exam - multiple choice, lab quizzes, written assignments, and demonstration of skills.

(SCANS 1, 2, 4, 5, 6, 7) (PLO 2, 3, 4, 5, 6)

J. Students will utilize beginning level therapeutic communication, verbally and non-verbally, with adult clients, their families, and other members of the healthcare team.

(SCANS 4, 6) (PLO 1, 2, 3, 4, 5, 6)

K. Students will demonstrate personal accountability and responsibility for providing safe nursing care.
Activities: text readings, class lecture, discussion, virtual excursions, and skills lab.
Assessment: exam - multiple choice, lab quizzes, case studies, written assignments, and demonstration of skills.

(SCANS 1, 2, 3, 5, 6, 7) (PLO 1, 2, 3, 4, 5, 6)

Scans Matrix Legend (Competency References)
1 – Reading
2 – Writing
3 – Arithmetic or Mathematics
4 – Speaking and Listening
5 – Thinking Skills
6 – Personal Qualities
7 – Workplace Competencies
8 – Basic Use of Computers

PLO- See Program Learning Outcomes in the Kilgore College Associate Degree Nursing Program Student Handbook.
Schedule of class (lecture):

**Unit 1:**
Lesson 1: “Nursing Today”, “Ethics and Values”

**Unit 2:**
Lesson 2: “Legal Implications in Nursing Practice”, “Activity and Exercise”, “The Health Care Delivery System”, “Community-Based Nursing Practice”

Lesson 3: “Culture and Ethnicity”, “Caring in Nursing Practice”, “Client Safety”

**Unit 3:**
Lesson 4: “Young to Middle Adult”, Older Adult”, “Sensory Alterations”, “Developmental Theories”

Lesson 5: “Self-Concept”, “Client Education”

**Unit 4:**
Lesson 6: “Caring for Families”, “Oxygenation”

Lesson 7: “Bowel Elimination”, “Health and Wellness”

**Unit 5:**
Lesson 8: “Fluid, Electrolyte and Acid-Base Balance”, “Managing Client Care”

Lesson 9: “Care of Surgical Clients”, “Complementary and Alternative Therapies”

**Unit 6:**
Lesson 10: “Urinary Elimination”, “Spiritual Health”

Lesson 11: “The Experience of Loss Death, and Grief”, “Sleep”

Lesson 12: “Theoretical Foundations of Nursing Practice”, “Stress and Coping”

Schedule of class (lab):

**Unit 1:**
Lesson 1: Infection Prevention and Control
  - Medical Asepsis
Unit 2:
Lesson 2: Health and Physical Assessment: Musculoskeletal
  • Mobility and Immobility

Lesson 3: Communication, Documentation and Informatics

Lesson 4: Health and Physical Assessment: Musculoskeletal
  • Safe patient handling, patient transfer and positioning

Unit 3:
Lesson 5: Health and Physical Assessment: Neurological
  • Mental status, cranial nerves

Lesson 6: Health and Physical Assessment: Respiratory and Skin/Hair/Nails
  • Oxygen therapy, Airway management

Unit 4:
Lesson 7: Health and Physical Assessment: Cardiovascular
  • Vital signs, Heart/Neck/Peripheral Vascular

Lesson 8: Health and Physical Assessment: Abdomen (GI/GU)

Unit 5:
Lesson 9: Specimen collection, Diagnostic procedures; review of Health and Physical Assessment
  • Integration of the Complete Physical Examination

Lesson 10: Infection Prevention and Control
  • Sterile Technique

Unit 6:
Lesson 11: Urinary Elimination
  • Foley catheterization

Lesson 12: Skin Integrity and Wound Care

Lesson 13: Evidence-Based Practice